

CoDA International 2016 – Carefree, Arizona

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#	Session Title	Speaker(s)
1	Came to Believe: From Scarcity to Abundance	Margaret H
2	A Focus on Relationships	John R
3	Step Two Exercise / Finding a New Higher Power That Works	Barbara L
4	From Here to There - Reclaiming yourself in relationships	Kathleen C.
5	Born Again in CoDA Under the Phoenix Sun	Nate F
6	Loss, Grief and 12 Steps Out	Kiley D.
7	How to Have Intimate Healthy Relationships that Last a Lifetime	Scott J
8	Tears of Recovery: From Fear to Joy	Joe H.
9	Giving Up Resentments Using Forgiveness	Charles Z
10	How to Sponsor Using the Blue Book of CoDA	Michelle E.
11	Stepping Out: Utilizing Steps 8 & 9	Lloyd A
12	What's in Your Toolbox?	Barb R.
13	The Three R's Recovery from Writing, Roadblocks	Alyse J. & J.W.
14	It's never about the "Thing"	Karen D.
16	Emotional Sobriety and Giving Up the Ghosts	Jim Y.
17	Toxic Shame: What is it ? How do we heal it?	Ken R.
20	Transforming Knowledge Into Action: Working Our 6 th & 7 th Steps	Mary R.
22	Fix Your Picker	Adam M.
24	Shame; The Mother of Co-dependency	Jeff L.
25	The Gifts of Co-Dependency	Louise G
26	Dealing with My Swinging Feelings	Donald B.
27	FRIDAY NIGHT-Keynote Speaker Heroes & Heroines: Changing the Role We Play in Our Story	Donald B.
28	SATURDAY NIGHT - Keynote Speakers	Ken & Mary R.
29	SUNDAY MORNING - Closing Speaker Meeting	Evie S.
	Previous Year Keynotes	
30	2010 - FRIDAY NIGHT - Keynote Speakers	Ken & Mary R.
31	2010 - SATURDAY NIGHT - Keynote Speaker	Melody B
32	2014 - SATURDAY NIGHT - Keynote Speakers	Ken & Mary R.

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